



On the Rogue Again



Jackson County Central Office Newsletter

Jackson County A.A. Central Office
116 East 6th St., Medford, OR 97501

(541) 732-1850 • www.jccoaa.org • aajacksoncounty@yahoo.com



Central Office News

At the OFFICE (November 2018):

Visitors 37
Calls 29
Meeting inquiries 17
Website 855

Great people providing a valued service! Thanks to all

Board Members

Chair – Joel S.

Co-Chair – Donna K.

Office Manager – Al Z.

Volunteer Coordinator – Bill S.

Secretary – Beth M.

Literature – Tom M.

Treasurer – Fran V.A.

Co-Treasurer – Sandy J.

Special Events – Cheryl R.

District Liaison – Joel S.

Website Coordinator—Terry

Newsletter Editor – Lois I.

Member #1 at Large - Wayne T.

Member #2 at Large— Casey H.

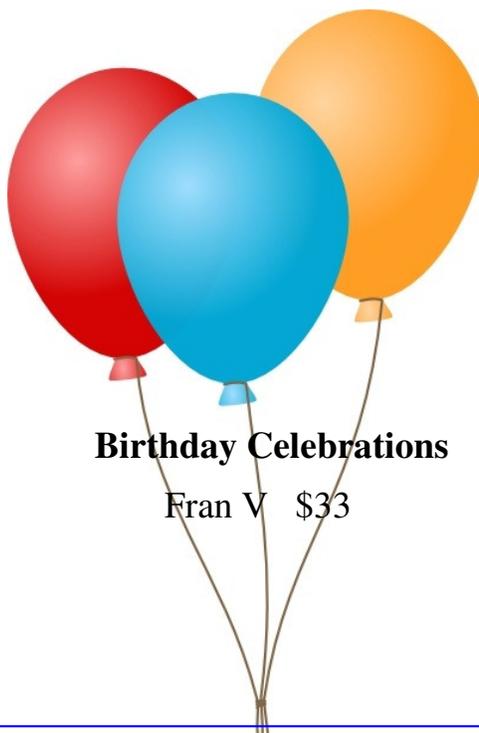
Interested in learning more about Jackson County Central Office – join us for our monthly meeting (first Saturday of the month) at 9 am.

GET INVOLVED!

Please **contact Bill S.** to learn more about volunteering at Central Office.

Donations - Nov. 2018

Eagle Point Step Sisters	\$50
Medford Fellowship	\$50
How It Works	\$50
Keep It Simple	\$200
No Name Group	\$200



Birthday Celebrations

Fran V \$33

Editors Note:

Gift Suggestions!!!

Did you know that Jackson County AA Central office has AA approved Books available for sale!!!! This would make an awesome gift for someone in recovery. STOP by our office and take a look at our selection.

VIRGINIA'S CORNER



Ingredients for "Life"

2 qts. Happiness

1/2 cup Smiles

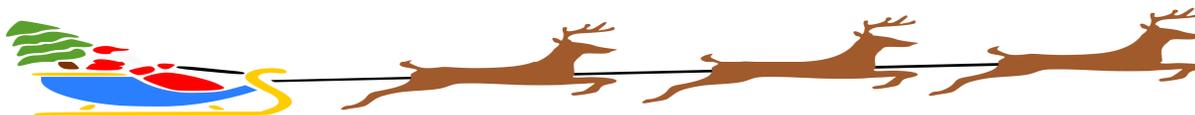
1 doz. Kisses

2 tbls. Hugs

1 tsp. Laughs

Add "Love" and serve....

We publish for your enjoyment and information. Any mistakes you find are there for a purpose. We publish something for everyone, and some people are always looking for mistakes.



Step 12—Having had a spiritual awakening as the result of these steps, we tried to carry this message to alcoholics, and to practice these principles in all our affairs.

December 2013: Alone for the holidays

When I was new in sobriety, the holidays downright scared me. I didn't even know if my family was willing to speak to me. I couldn't afford anything—not even Christmas cards. Plus all my new AA friends were flying home for the holidays. I was miles away from the ones I loved. Now came the pressure to stay sober.

Could I make it through the holiday season and stave off the horrid memories of selfishly ruining family get-togethers in the past? I began having total recall from last year's Thanksgiving, when I was so drunk I overdosed in the living room in front of my mom and uncle. They had to rush me to the hospital. The guilt and shame began creeping up as November reared its ugly head. My first Thanksgiving came before my first Fourth Step, and I was a walking character defect.

My sponsor began to calm me down. She taught me about self-care and the things I could do to prepare myself for the busy holiday season. I took my sponsor's advice and doubled up on my meetings. Every night I increased my prayer time by five minutes, and in the morning I did the same with my meditation. I knew my mother was feeling depressed, so I called her once a week starting in November and tried to cheer her up as best I could.

On Thanksgiving a local clubhouse was having meetings around the clock with tons of food and fellowship. So I went and checked it out. What I found was an outpouring of love and acceptance, a complete gift on a beautiful holiday. All of us drunks gave thanks together; I found the warmest family I could ever wish for. Between Thanksgiving and Christmas I got plenty of rest, went to as many meetings as I could, and took care of my spiritual condition. I checked in with my sponsor often and got involved in service. On Christmas day I headed over to the clubhouse to help serve food and clean up. I even chaired a marathon AA meeting that ended at midnight.

The rewards of doing service for others, connecting to God and taking care of myself paid off. My heart was full, and although I missed my family back home, I found more than I ever bargained for. By the time the New Year came, I felt like I had earned my place in AA. I was right where I was supposed to be. I have never forgotten my first sober holiday season.

-- Ali B.

Delray Beach, Florida *From the December 2013 magazine.*



On the Road to Recovery -Epigrams—"Wit and Wisdom" spoken in the rooms of AA all over the world.

- The first drink gets you drunk!!!

Hear something clever, witty, or even profound at a meeting? Send it to: aajacksoncounty@gmail.com

Tradition Twelve—Anonymity is the spiritual foundation of all our traditions, ever reminding us to place principles before personalities.

Don't be a stranger

Could you get a card for Bob S.? He's in the hospital and not doing well," a person asked at a recent meeting. I knew quite a few Bob S.'s and I wondered if he was one of them. After the meeting, I looked for the person who'd asked about the card, but he'd already left. I felt as though a chance to be helpful may have gone with him.

For me, anonymity within the Fellowship insures a reduction in my ability to be useful. It's interesting that Dr. Bob is credited with the belief that there are two ways to break one's anonymity. The obvious one is to be identified by name or photo at the level of press, radio and film. The other was not to use full names at meeting of Alcoholics Anonymous.

In my Cooperation with the Professional Community and Public Information work outside of AA meetings, I diligently protect the anonymity of myself and other AAs. press, radio, film, television and new technologies such as the Internet certainly require our complete anonymity. I believe that's the intention of Tradition Eleven.

Introducing ourselves at AA functions isn't mentioned. When I introduce myself, ask for a card, or converse with other members of the Fellowship, I make it clear who I am and about whom I am speaking. In that way, we all know the who, and how we can be of service.

-- RICK B.
Gahanna, Ohio from the December 2009 Grapevine

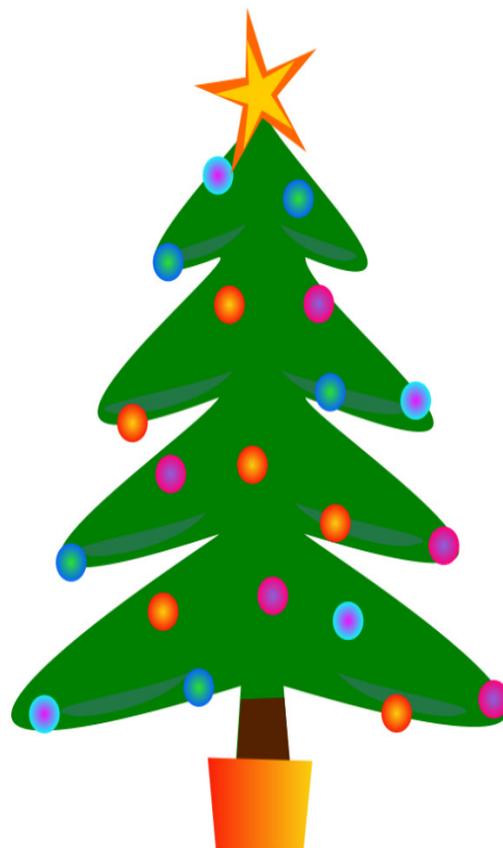
“One Big Tent” - Grapevine

The AA Grapevine has recently issued a compilation of previously published articles by agnostics and atheists who have been sober in the AA program for long periods, entitled “One Big Tent”. I was impressed by the writers’ demonstrations that the Third Tradition—“The only requirement for AA membership is a desire to stop drinking”—worked so well in their lives. They were active in the AA program, sponsoring, doing service work, etc—without a reliance on God. The pamphlet is available at the Jackson County Central Office for \$13.

For a summary of General Service’s position on the subject, AA Pamphlet 84,”

Many Paths to Spirituality”, is also available. In it, Bill W. is quoted as saying “Let us try to be inclusive rather than exclusive; let us remember that each alcoholic is a member of A.A., so long as he or she so declares.” This Pamphlet is available for 30 cents at JC Central Office.

Tom M
Literature





**Subscription to Central Office Newsletter Changes—Please NOTE:
Subscription for 1 year \$12.00**

In being fiscally responsible, we will be no longer mail the monthly newsletter unless a subscription for the year is paid. This is to cover the cost of printing and postage. We will continue to produce the newsletter monthly and post it on the Central office web-site, www.jccoaa.org for your viewing and enjoyment. Anyone that made a donation of payment for the newsletter in 2018, will be carried over to 2019 for the full 12 months paid. IE; if paid in June, 2018, newsletter will be mailed until July 2019. You can come by the Central Office and make payment or fill out the attached and mail in with \$12.00.

Name: _____

Mail Address: _____

City: _____ State: _____ ZIP: _____

Check Enclosed: _____

Return to: Jackson County AA Central Office 116 East 6th St., Medford, OR 97501

UP COMING EVENTS

Principles of AA Program

District 16 Monthly Meeting

December 19, 2018 at 7 p.m.
Smullin Center
Asante Rogue Regional Medical Center
2825 E Barnett Rd., Medford

Oregon Area 58 Quarterly Service Assembly

Feb. 22-24, 2019
Ask for details at the next General Service meeting or email our DCM.
Inn at the Commons
200 N Riverside Ave, Medford

Southern Oregon Speaker Meeting

January 26, 2018, 7 p.m.
Smullin Center
Asante RRMRC
2825 E Barnett Rd., Medford

The 12 Steps of AA ARE the Principles of the Program that we practice, as listed in the Big Book pages 59 and 60! Over the years many lists of virtues that correspond to each of the Twelve Steps and their underlying spiritual nature have been printed in local area AA newsletters and on pocket cards. The origins of these lists are unknown, although they are used by many Twelve step members.

Step 12— *Having had a spiritual awakening as the result of these steps, we tried to carry this message to alcoholics, and to practice these principles in all our affairs.*

Principle of Service; awakening into sober usefulness. For those in recovery programs, practicing Step 12 is simply “How It Works”.
Definition of Service—State of being a servant; act of kindness benefit conferred on another.

Upcoming Event? Please send your event flyer to webcoordinator@outlook.com. If you do not have a flyer—please provide details of the AA event so we can get it posted on our website and put it in newsletter.